



CEO's welcome

Can you believe we are mid-way through Autumn!

Over the past two months we have welcomed some wonderful new residents to Rockpool. I hope you have all settled in nicely to your new home. As always, we are here to assist you in any way that we can.

Welcome also to our new team members and thank you for embracing Rockpool's values and standards and how and why we deliver care.

It has been a hectic, but incredibly rewarding start to the year. Construction at Pelican Waters continues to exceed expectations, with the roof now in place. Despite the scaffolding, you can get a glimpse of the stunning water and mountain views which will be a feature of the home, once construction is complete.

I would like to congratulate Rockpool's amazing Lifestyle teams for their outstanding work over the past two months.

Whether it's Saint Patricks Day, International Women's Day, Greek Independence Day or Easter, our Lifestyle teams constantly deliver by creating memorable, engaging and inclusive events.

Finally, I would like to acknowledge and congratulate Morayfield resident Owen Pezet OAM who received the Medal of the Order of Australia from the Governor of Queensland, Her Excellency the Honourable Dr Jeannette Young AC PSM at a private ceremony earlier this month.

For more than 30 years, Owen has been an essential part of football in Queensland including as a Director at Football Queensland from 2003 – 2006. Owen has also worked tirelessly with the Queensland Junior Soccer Council, specifically with Brisbane North and Districts Junior Soccer Association, and North Pine United Soccer Club.

Congratulations Owen!

Melissa Argent
Rockpool Residential Aged Care
CEO

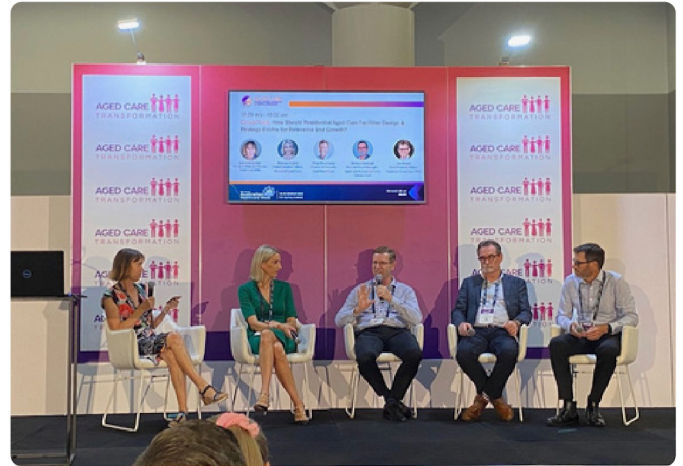
Australian Healthcare Week

Rockpool CEO, Melissa Argent was front and centre at Australian Healthcare Week in Sydney recently.

Mel was part of a panel which discussed strategies for designing aged care homes for the future.

Given Rockpool is home to Australia's first Five Star Green Star aged care home, Mel was uniquely qualified to talk about the importance of sustainability and environmental credentials of aged care providers.

An important element of designing future aged care homes is creating a space that residents can enjoy.



Rockpool embodies this in its vision of 'Life Reimagined', from curated rooms and communities that enable independence, to promoting lifestyle options and delivering world class care.



Rockpool – Australia's first 5 Green Star designed aged care home

Now open at Carseldine Village – enquire today

1800 515 053 | rockpoolrac.com



Welcome to Rockpool

We're delighted the following team members have joined Rockpool in the past two months:

- Tannika Carey - Personal Carer
- Sunayana Gulati - Personal Carer
- Rahul Chawla - Dining Service Champion
- Alisha Joshi - Dining Service Champion
- Sumiran Simkhada - Personal Carer
- Elvira Moller - Personal Carer
- Mark Williams - Maintenance Officer
- Maria Somoray - Registered Nurse
- Danny Daichi - Lifestyle Assistant
- Bindi Stitt - Personal Carer
- Vanessa Gray - Admin Officer
- Hyun Kyong Kim - Dining Service Champion
- Marissa Swain - Cleaner
- Viji Thomas - Personal Carer
- Ma Era Musni - Personal Carer
- Baiju Parampathu Johns - Personal Carer
- Lorelie Rablin - Personal Carer
- Marylou Santos - Dining Service Champion
- Krishna Kharel - Personal Carer
- Sandra La Serra - Personal Carer
- Elisabeth Sheeran - Personal Carer
- Shruthi Malappurath Suresh - Lifestyle Assistant
- Prabhjot Kaur - Quality and Safety Coordinator
- Sanika Sanika - Personal Carer
- Joyce Villanueva Carrasco - Personal Carer
- Kavita Devi - Personal Carer
- Zalak Patel - Personal Carer
- Kabita Acharya - Personal Carer
- Courtney Hynes - Personal Carer
- Sunita Chhetri - Registered Nurse
- Anita Makaju - Lifestyle Assistant
- Aman Preet - Personal Carer
- Shoba Chaudhary - Personal Carer
- Soniya Khatri - Registered Nurse
- Tintu Johny - Personal Carer
- Drishya Theres Shaji - Personal Carer
- Sangita Karki - Registered Nurse
- Julia Rudduck - Personal Carer
- Sheila Nanyitti - Personal Carer
- Prabhdeep Kaur - Personal Carer
- Sumnima Bhattarai - Registered Nurse
- Sanya Gurung - Cleaner
- Sradha Mariam Aji - Personal Carer
- Jawaher Turkey - Cleaner
- Saugat Gautam - Personal Carer
- Merlin Joseph - Personal Carer
- AnnJewel Eldho - Personal Carer
- Rosevel Jopson - Registered Nurse
- Tarundeep Kaur - Personal Carer
- Tanya Evans - Personal Carer
- Pradeep Kumar Dubbaka - Dining Service Supervisor
- Revedhy Ghurusamy - Personal Carer
- Roann Canilao - Personal Carer
- Amber Smith - Personal Carer
- Dipa Poudel - Personal Carer
- Marcus Warui - Personal Carer
- Khloe Young - Dining Service Champion
- Krystal Thurecht - Cleaner
- Mia Forsyth - Personal Carer
- Aniwa Shiwakoti - Personal Carer
- John Leo - Cafe Manager
- Samantha Van Strien - Personal Carer
- Mariia Riabokon - Personal Carer
- Jamie Young - Registered Nurse
- Harpreet Kaur Sohi - Personal Carer
- Sabina Sharma - Personal Carer
- Tenisha Marshall - Registered Nurse
- Ella Harvey - Personal Carer
- Ally Burkhardt - Personal Carer
- Jenisha Baniya - Registered Nurse
- Aefrill Villanueva - Personal Carer
- Lisa Chihuri - Dining Service Champion
- Kye Marshall - Personal Carer
- Aafrin Chaudhary - Personal Carer

MP Terry Young's Longman Job Seeker Expo 2023

Rockpool was invited to the Longman Job Seeker Expo hosted by MP Terry Young at the Caboolture Memorial Hall. Morayfield Facility Manager, Kerri McLeod told job seekers about the benefits of working at Rockpool and dispelled a number of myths about a career in aged care.

It was a great opportunity to show our support for the local community surrounding our Morayfield home.

There was plenty of interest on the day from a wide variety of people including school leavers and people exploring a new career..

Many of Rockpool's most respected carers come from a background of having personal experience with caring for loved ones. Using their newfound ability for caring, they have used this to launch themselves into a new career with us!





Rockpool Pelican Waters

Rockpool Pelican Waters has come a long way in the past two months, and is on track to open Mid-October.

We've started putting trusses on the roof (see image below), and we are hoping to see the scaffolding start to come down in the next five-six weeks to reveal the exterior of our brand new home!

The design of Pelican Waters is very similar to Carseldine, however, there is an important difference, with the thoughtfully designed and built home supporting 15 bed resident communities, with a shared lounge and dining area located at the heart of each community.



If you would like any more information regarding our new home at Pelican Waters, please contact our resident relations manager.

Jimina Silvestri

Resident Relations Manager

0403 431 419

1800 513 053

jimina.silvestri@rockpoolrac.com



Pink Boots are the Future!

State member for Caloundra Jason Hunt was clearly impressed by Rockpool's CEO Melissa Argent's pink boots when he toured Rockpool Pelican Waters recently (see image below).





Do you know why we are called Rockpool?

Rockpool's vision is Life reimagined.

Our mission is to provide care and services which create an environment for residents, families and staff that is safe, secure, inclusive, contemplative, reflective and vibrant with life – just like a rockpool.

Key contacts

Do you have a question or a query for a member of the Rockpool team?

Not sure who to contact? Why not try our Facility Managers or Hospitality Manager.

Rockpool Carseldine Facility Manager / Hospitality Requests

- Karen Conroy
karen.conroy@rockpoolrac.com

Rockpool Morayfield Facility Manager

- Kerri McLeod
kerri.mcleod@rockpoolrac.com

Rockpool Morayfield Hospitality Manager

- Brandon Delrosario
brandon.delrosario@rockpoolrac.com

Family information nights

Earlier this month Morayfield and Carseldine hosted Family Information Nights, which were an opportunity for residents and their family and friends to meet Rockpool's management team.

This past session was led by our Facility Managers and our Quality & Safety teams and were focused around resident feedback. We do our best to utilise the feedback to improve the way we work at Rockpool so we can better care for our residents, improving their overall health outcomes.

In case you were wondering - our feedback forms are readily available around our communities and once completed can be handed in to any available staff member.

If you missed the most recent session, we do hold these meetings regularly; so we would encourage you to come to the next one as the sessions are highly informative - plus our Chef's put on a good spread as a way to say thanks!

P.S. if you are not receiving communications to your inbox please reach out to your respective home (see below) to ensure you're added to our mailing lists.

M: reception.morayfield@rockpoolrac.com

C: reception.carseldine@rockpoolrac.com



Rockpool homes are:

smoke free

We understand the preferences of some residents, however, our number one priority at Rockpool is the health and wellbeing of its residents and team members.

Rockpool carseldine

International Women's Day

Rockpool CEO, Melissa Argent had the honour of talking to a group of residents at Carseldine for International Women's Day.

Lifestyle created a display of inspirational quotes from history's notable women, along with the wider teams enjoying cupcakes prepared inhouse.



St. Patrick's Day

Lifestyle volunteer Beth provided a St. Pat's Day Music Bingo experience with a selection of classic Irish songs played and sung along to.

Of course, there was plenty of Guinness...and Baileys Irish Cream!

Well done to all who organised the day and many thanks to Beth.

Rockpool Carseldine

COVID-19 Vaccinations

30th May

Please return your completed forms to Latika Dumaru our Clinical Manager by C.O.B 22nd May 2023 - latika.kumaru@rockpoolrac.com

Cooking Classes

Our cooking group met with a great recipe for Jam Drops.

A whole lot of mixing...and of course, taste testing.

It's safe to say that 'Grandma's Recipes' are well and truly alive at Rockpool. Don't forget to ask yours for your favourite recipe.



Pasta Making Classes

The members of the Italian Club at Carseldine came together to prepare a delicious pasta lunch.

The event was coordinated by Sarina from the c.i.a.o. program, who enlisted the help of experienced home cooks to create a tasty and authentic meal.



Happy Easter!

Everyone got a surprise visit from none other than the Easter Bunny.

Residents got to have some fun at meal time with their most favourite fluffy friend in the world.

Some even got a cuddle.

Jealous?

Mount Cootha Summit Cafe

Carseldine's residents enjoyed a fabulous bus-trip to Mt Coot-ha before enjoying a delicious lunch at the Summit Café.

What a view. And of course..the food was spectacular.



Happy Hour!

Every Thursday 2:30pm is Happy Hour at Rockpool Carseldine! Time to kick back after a hard week at the office...our residents get in early before the week has even ended! Ready for all their loving families and friends to come visit over the weekend.





NAME Shon Singh

POSITION Enrolled Nurse

LOCATION Morayfield

HOW LONG HAVE YOU LIVED AT ROCKPOOL?

Since we opened!

MY FAVOURITE MEMORY IS:

Spending the last moment with my dad

MY FAVOURITE FOOD IS:

Prawn Curry

WHERE'S YOUR FAVOURITE PLACE IN THE WORLD?

Dubai

WHAT'S THE LAST BOOK YOU READ?

The Captive Bride

WHAT ARE YOU PASSIONATE ABOUT?

My job and my residents

HOW WOULD YOU DESCRIBE ROCKPOOL IN THREE WORDS? Best Place Ever!

WHAT'S YOUR FAVORITE MOVIE?

Titanic

WHAT'S THE CRAZIEST THING YOU'VE EVER DONE?

Jumping into a flooded river at the age of 7 which nearly cost me my life!

WHO WOULD YOU MOST LIKE TO SWAP PLACES WITH FOR A DAY? Bushman

WHAT'S YOUR SECRET TALENT THAT NO ONE KNOWS ABOUT?

Bridal hair and makeup



NAME Noela Feeney

LOCATION Carseldine

HOW LONG HAVE YOU LIVED AT ROCKPOOL?

4 Months

MY FAVOURITE MEMORY IS:

Holidays with my sister Jacqui, we had a wonderful time on a cruise we took together, plus great trips to Hong Kong, China and other amazing places.

MY FAVOURITE FOOD IS:

Fish, Chips & Salad.

IF I COULD DO ANYTHING IN THE WORLD IT WOULD BE:

Win the casket.

WHERE'S YOUR FAVOURITE PLACE IN THE WORLD?

I was born in Roma and have lived in Toowoomba and Brisbane.

Australia is by far the best place in the world to live.

WHAT ARE YOU PASSIONATE ABOUT?

NRL Broncos. I always enjoyed watching ex-players like Wally Lewis and Allan Langer. I have always enjoyed sport, both playing and watching it on the TV. I was a keen tennis player.

HOW WOULD YOU DESCRIBE ROCKPOOL IN A FEW WORDS?

It has everything you would ever need!

WHO WOULD YOU MOST LIKE TO SWAP PLACES WITH FOR A DAY?

Kevin Walters, the Broncos Coach. It would be great to spend a day with the boys, attending training and watching their pre-game preparation.



Rockpool morayfield

Resident Art Expo

Morayfield's resident Art Expo was a huge success.

A special thanks to Fausto Ceccato for entertaining us with the piano accordion whilst we ate morning tea and leisurely looked at the art works on display.



Memorial Service

We held our first memorial service to honor and remember residents who have passed away in the past six months.

It was heartwarming to see family, staff, and residents come together to pay tribute to their loved ones.

Rockpool Morayfield Mother's Day Stall

10th May

Don't forget about our upcoming Mother's Day Stall with gifts and homemade sweets - Wednesday 10th of May at 1:30pm!

Greek Independence Day & Lounge Travel

We were thrilled to have Harry, Leonidas Lekkas' son, come and teach a cooking class.

In addition to this, residents had an unforgettable experience in their Arm Chair Travels to Greece in the Theatre Room.



Private Investiture Service

We were honoured by a visit from the Governor of Queensland, Her Excellency the Honourable Dr Jeannette Young AC PSM, to present resident Owen Pezet OAM with the Medal of the Order of Australia at a Private Investiture Ceremony.



Easter Celebration

Morayfield residents enjoyed our Easter Happy Hour last week with some delicious Easter treats and Orange Spiders.

Jocelyn won our lucky door prize and she was smitten with her winnings.

St. Patricks Day

Residents at Morayfield had a blast on St. Patricks Day, with plenty of shenanigans and green beer flowing.

They even made their own lime spiders and cheese-filled pastry shamrocks.

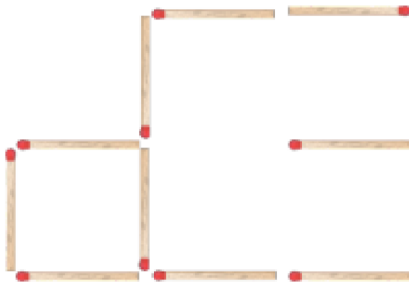


Lunch Bus To Glasshouse Cafe

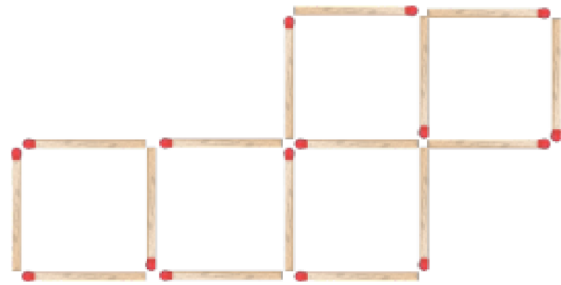
Bon Appétit.

The residents at Rockpool Morayfield enjoyed an outing to Glasshouse Mountains Lookout Cafe - a truly memorable experience for all.

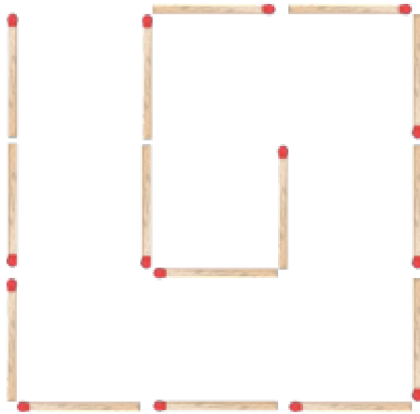
1. Move three matchsticks to make two squares.



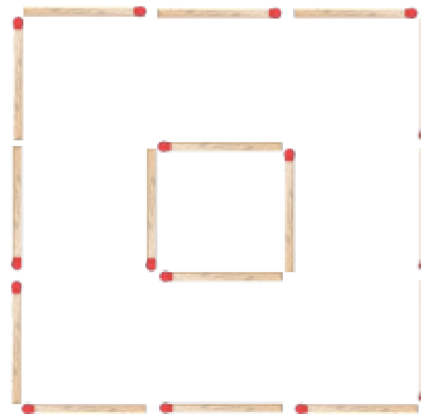
4. Move two matchsticks to make four squares.



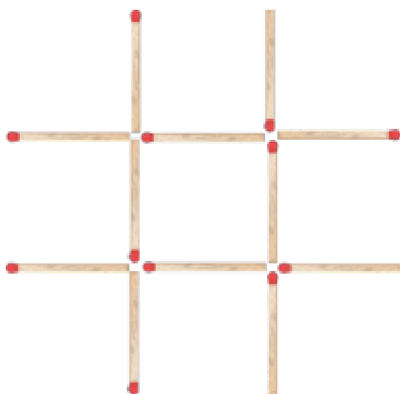
2. Move three matchsticks to make two squares.



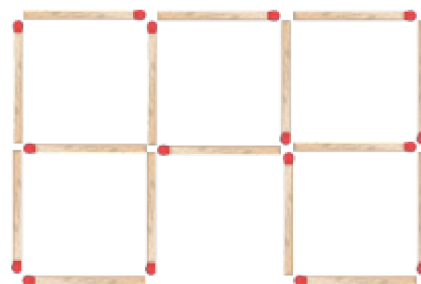
5. Move four matchsticks to make three squares.



3. Move three matchsticks to make three squares.



6. Move three matchsticks to make four squares.

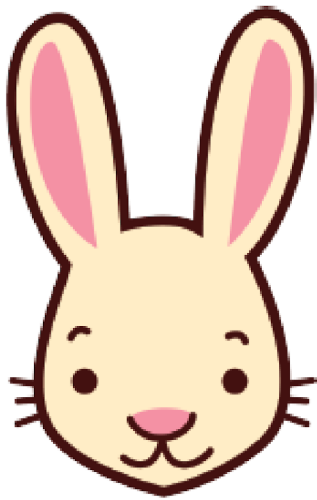


Name: _____ Date: _____

Easter Day

Word Hunt

DIRECTIONS:
Find and circle the
vocabulary words
in the grid. Look
for them in all
directions including
backwards and
diagonally.



BASKET
BUNNY
CANDY
CARROT
CHICKS
CHOCOLATE
DAFFODIL

DECORATE
EASTER
EGGS
FLOWER
HUNT
JELLYBEANS
PARADE

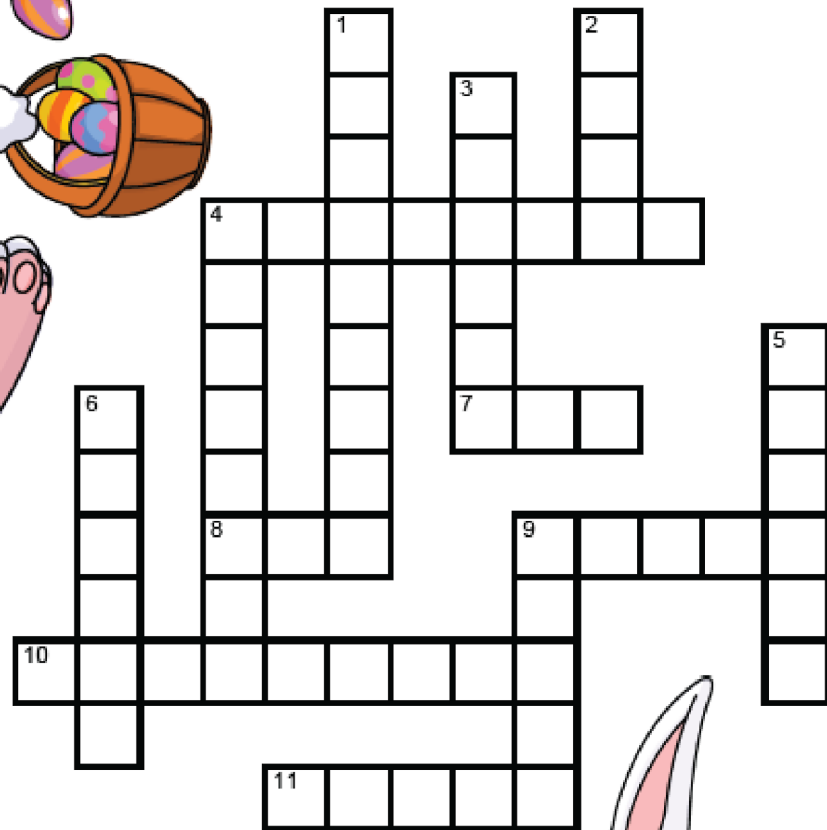
SPRING
SUNDAY



Name: _____ Date: _____

HAPPY EASTER

Crossword



ACROSS

- 4. You might do this to eggs for Easter.
- 7. A hen makes this.
- 8. Used to color eggs.
- 9. The hen's baby.
- 10. Colorful candy you might find in an Easter basket.
- 11. Peter Cottontail is one.

DOWN

- 1. Eggs might be made from this.
- 2. Look for eggs.
- 3. Easter Day event.
- 4. Yellow or white spring flower that grows from a bulb.
- 5. What the Easter Bunny brings.
- 6. A pretty hat worn on Easter.
- 9. Don't eat too much of this or you might get a belly ache.

